

CHEESE

KRAFT REDUCED-FAT STRING CHEESE (24g)

PASTEURIZED PART-SKIM MILK, VINEGAR, SALT, VITAMIN A PALMITATE, ENZYMES (NON-ANIMAL).

Nutrition Facts		
servings per container		
Serving size 1 stick (24g)		
Amount per serving		
Calories	60	
% Daily Value*		
Total Fat 3.5g	4%	
Saturated Fat 2g	11%	
Trans Fat 0g		
Cholesterol 10mg	4%	
Sodium 180mg	8%	
Total Carbohydrate less than 1g	0%	
Dietary Fiber 0g	0%	
Total Sugars 0g		
Includes 0g Added Sugars	0%	
Protein 6g	13%	
Vitamin D 0mcg	0%	
Calcium 140mg	10%	
Iron 0mg	0%	
Potassium 0mg	0%	
Vitamin A 170mcg	20%	
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		
Calories per gram:		
Fat 9	Carbohydrate 4	Protein 4

KRAFT LOW-MOISTURE PART-SKIM MOZZARELLA AND CHEDDAR CHEESES (21g)

PASTEURIZED PART-SKIM MILK, VINEGAR, SALT, CHEESE CULTURE, ENZYMES (NON-ANIMAL), ANNATTO (COLOR).

Nutrition Facts	
servings per container	
Serving size 1 stick (21g)	
Amount per serving	
Calories	60
% Daily Value*	
Total Fat 4g	5%
Saturated Fat 2.5g	12%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 130mg	6%
Total Carbohydrate less than 1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 5g	11%
Vitamin D 0mcg	0%
Calcium 120mg	10%
Iron 0mg	0%
Potassium 0mg	0%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

POLLY-O REDUCED FAT STRING CHEESE 24g)

PASTEURIZED PART-SKIM MILK, VINEGAR, SALT, ENZYMES (NON-ANIMAL), VITAMIN A PALMITATE.

Nutrition Facts	
servings per container	
Serving size	1 stick (24g)
Amount per serving	
Calories	60
% Daily Value*	
Total Fat 3.5g	4%
Saturated Fat 2g	11%
Trans Fat 0g	
Cholesterol 10mg	4%
Sodium 180mg	8%
Total Carbohydrate less than 1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 6g	12%
Vitamin D 0mcg	0%
Calcium 140mg	10%
Iron 0mg	0%
Potassium 0mg	0%
Vitamin A 60mcg	6%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

POLLY-O LOW-MOISTURE PART-SKIM MOZZARELLA AND CHEDDAR CHEESES

PASTEURIZED PART-SKIM MILK, VINEGAR, SALT, CHEESE CULTURE, ENZYMES (NON-ANIMAL), ANNATTO (COLOR).

Nutrition Facts	
servings per container	
Serving size	1 stick (21g)
Amount per serving	
Calories	60
% Daily Value*	
Total Fat 4g	5%
Saturated Fat 2.5g	12%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 130mg	6%
Total Carbohydrate less than 1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 5g	10%
Vitamin D 0mcg	0%
Calcium 120mg	10%
Iron 0mg	0%
Potassium 0mg	0%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

KRAFT SINGLES AMERICAN AND WHITE AMERICAN* (19g)

MILK, CHEDDAR CHEESE (MILK, CHEESE CULTURE, SALT, ENZYMES), WHEY, MILK PROTEIN CONCENTRATE, MILKFAT, CALCIUM PHOSPHATE, SODIUM PHOSPHATE, CONTAINS LESS THAN 2% OF MODIFIED FOOD STARCH, SALT, WHEY PROTEIN CONCENTRATE, LACTIC ACID, SODIUM CITRATE, ANNATTO AND PAPRIKA EXTRACT (COLOR), NATAMYCIN (A NATURAL MOLD INHIBITOR), ENZYMES, CHEESE CULTURE, VITAMIN D3.

*White American does not have Annatto and Paprika extract.

Nutrition Facts	
Serving Size 1 slice (19g)	
Servings Per Container	
Amount Per Serving	
Calories 50	Calories from Fat 30
% Daily Value*	
Total Fat 3.5g	5%
Saturated Fat 2g	11%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 220mg	9%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Sugars 1g	
Protein 3g	
Vitamin A 2%	• Vitamin C 0%
Calcium 30%	• Iron 2%
Vitamin D 10%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

KRAFT SINGLES AMERICAN AND WHITE AMERICAN* (21g)

MILK, CHEDDAR CHEESE (MILK, CHEESE CULTURE, SALT, ENZYMES), WHEY, MILK PROTEIN CONCENTRATE, MILKFAT, CALCIUM PHOSPHATE, SODIUM PHOSPHATE, CONTAINS LESS THAN 2% OF MODIFIED FOOD STARCH, SALT, WHEY PROTEIN CONCENTRATE, LACTIC ACID, SODIUM CITRATE, ANNATTO AND PAPRIKA EXTRACT (COLOR), NATAMYCIN (A NATURAL MOLD INHIBITOR), ENZYMES, CHEESE CULTURE, VITAMIN D3.

*White American does not have Annatto and Paprika extract.

Nutrition Facts	
Serving Size 1 slice (21g)	
Servings Per Container	
Amount Per Serving	
Calories 60	Calories from Fat 35
% Daily Value*	
Total Fat 4g	6%
Saturated Fat 2.5g	12%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 240mg	10%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Sugars 2g	
Protein 4g	
Vitamin A 2%	• Vitamin C 0%
Calcium 35%	• Iron 2%
Vitamin D 10%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

KRAFT SINGLES SHARP CHEDDAR (21g)

MILK, WHEY, WATER, MILK PROTEIN CONCENTRATE, MILKFAT, SODIUM CITRATE, CONTAINS LESS THAN 2% OF CALCIUM PHOSPHATE, SALT, MALTODEXTRIN, MODIFIED FOOD STARCH, LACTIC ACID, SORBIC ACID AS A PRESERVATIVE, CHEESE CULTURE, SODIUM PHOSPHATE, ENZYMES, APOCAROTENAL (COLOR)

Nutrition Facts	
Serving Size 1 slice (21g)	
Servings Per Container 16	
Amount Per Serving	
Calories 60	Calories from Fat 35
% Daily Value*	
Total Fat 4g	6%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 240mg	10%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Sugars 2g	
Protein 4g	
Vitamin A 6%	Vitamin C 0%
Calcium 20%	Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

KRAFT SINGLES 2% AMERICAN AND WHITE AMERICAN* (19g)

MILK, WHEY, WATER, MILK PROTEIN CONCENTRATE, CALCIUM PHOSPHATE, CONTAINS LESS THAN 2% OF SODIUM CITRATE, MILKFAT, SALT, GELATIN, SODIUM PHOSPHATE, WHEY PROTEIN CONCENTRATE, LACTIC ACID, SORBIC ACID AS A PRESERVATIVE, CHEESE CULTURE, ENZYMES, ANNATTO AND PAPRIKA EXTRACT (COLOR), VITAMIN A PALMITATE, VITAMIN D3.

*White American does not have Annatto and Paprika extract.

Nutrition Facts	
16 servings per container	
Serving size	1 slice (19g)
Amount per serving	
Calories	45
% Daily Value*	
Total Fat 2.5g	3%
Saturated Fat 1.5g	7%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 220mg	10%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 4g	
Vitamin D 1.5mcg	6%
Calcium 290mg	20%
Iron 0mg	0%
Potassium 0mg	0%
Vitamin A 40mcg	4%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

LUNCHABLES

LUNCHABLES TURKEY AND CHEDDAR SUB WITH 100% JUICE CAPRI SUN

FRUIT PUNCH FLAVORED 100% JUICE BLEND FROM CONCENTRATE WITH ADDED INGREDIENT AND OTHER NATURAL FLAVOR (APPLE, GRAPE, AND CHERRY JUICES FROM CONCENTRATE [FILTERED WATER; APPLE, GRAPE, AND CHERRY JUICE CONCENTRATES], CITRIC ACID [FOR TARTNESS], NATURAL FLAVOR); SUB ROLL (ENRICHED FLOUR [WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID], WATER, WHOLE WHEAT FLOUR, SUGAR, CONTAINS LESS THAN 2% OF SOYBEAN OIL, DOUGH CONDITIONERS [MONO & DIGLYCERIDES, SODIUM STEAROYL LACTYLATE, DATEM, ENZYME MODIFIED SOY LECITHIN], YEAST, SALT, ENZYMES, GUAR GUM, METHYLCELLULOSE, CALCIUM PROPIONATE [PRESERVATIVE], XANTHAN GUM, ARTIFICIAL FLAVOR, SOY LECITHIN) CONTAINS: WHEAT, SOY; OVEN ROASTED TURKEY BREAST - CURED - SMOKE FLAVOR ADDED - BROWNED WITH CARAMEL COLOR (TURKEY BREAST, WATER, POTASSIUM LACTATE, CONTAINS LESS THAN 2% OF MODIFIED CORNSTARCH, SALT, DEXTROSE, CARRAGEENAN, SODIUM PHOSPHATES, SODIUM DIACETATE, POTASSIUM CHLORIDE, SODIUM ASCORBATE, NATURAL AND ARTIFICIAL FLAVOR, SODIUM NITRITE, SMOKE FLAVOR, CARAMEL COLOR); CHOCOLATE CHIP COOKIES (UNBLEACHED ENRICHED FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE {VITAMIN B1}, RIBOFLAVIN {VITAMIN B2}, FOLIC ACID], SUGAR, SOYBEAN AND/OR CANOLA OIL, PALM AND/OR PALM KERNEL OIL, COCOA [PROCESSED WITH ALKALI], HIGH FRUCTOSE CORN SYRUP, DEXTROSE, SALT, SOY LECITHIN, BAKING SODA, SKIM MILK, CARAMEL COLOR, ARTIFICIAL AND NATURAL FLAVOR, MILK), CONTAINS: WHEAT, SOY, MILK; NONFAT MAYONNAISE DRESSING (WATER, VINEGAR, MODIFIED CORNSTARCH, SUGAR, HIGH FRUCTOSE CORN SYRUP, SOYBEAN OIL*, CONTAINS LESS THAN 2% OF SALT, NATURAL FLAVOR, CELLULOSE GEL, ARTIFICIAL COLOR, XANTHAN GUM, EGG YOLKS*, MUSTARD FLOUR, LACTIC ACID, PHOSPHORIC ACID, CELLULOSE GUM, VITAMIN E ACETATE, LEMON JUICE CONCENTRATE, DRIED GARLIC, DRIED ONIONS, YELLOW 6, BETA CAROTENE [COLOR], BLUE 1, WITH POTASSIUM SORBATE AND CALCIUM DISODIUM EDTA AS PRESERVATIVES), *TRIVIAL SOURCE OF FAT AND CHOLESTEROL, CONTAINS: EGG; CHEDDAR PASTEURIZED PREPARED CHEESE PRODUCT (MILK, WATER, MILK PROTEIN CONCENTRATE, MILKFAT, WHEY, WHEY PROTEIN CONCENTRATE, SODIUM CITRATE, SALT, LACTIC ACID, SORBIC ACID AS A PRESERVATIVE, CHEESE CULTURE, ENZYMES, OLEORESIN PAPRIKA [COLOR], ANNATTO [COLOR], WITH SUNFLOWER LECITHIN ADDED FOR SLICE SEPARATION), CONTAINS: MILK.

Nutrition Facts	
Serving size	1 package
Amount per serving	
Calories	410
% Daily Value*	
Total Fat 12g	15%
Saturated Fat 4.5g	22%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 570mg	25%
Total Carbohydrate 65g	24%
Dietary Fiber 2g	8%
Total Sugars 31g	
Includes 11g Added Sugars	21%
Protein 11g	21%
Vitamin D 0mcg	0%
Calcium 120mg	10%
Iron 3.6mg	20%
Potassium 600mg	15%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

LUNCHABLES CHICKEN AND CHEESE KABOBBLES WITH 100% JUICE CAPRI SUN

FRUIT PUNCH FLAVORED 100% JUICE BLEND FROM CONCENTRATE WITH ADDED INGREDIENT AND OTHER NATURAL FLAVOR (APPLE, GRAPE, AND CHERRY JUICES FROM CONCENTRATE [WATER; APPLE, GRAPE, AND CHERRY JUICE CONCENTRATES], CITRIC ACID [FOR TARTNESS], NATURAL FLAVOR); BREADED CHICKEN POPPERS (POPCORN SHAPED CHICKEN PATTIES [WHITE CHICKEN, WATER, POTASSIUM LACTATE, MODIFIED CORN STARCH, CONTAINS LESS THAN 2% OF SALT, POTASSIUM CHLORIDE, DEXTROSE, SODIUM PHOSPHATES, CARRAGEENAN, SODIUM DIACETATE, LEMON JUICE SOLIDS, FLAVOR), BREADING [WHEAT FLOUR, DEXTROSE, YELLOW CORN FLOUR, MODIFIED CORN STARCH, WHEAT GLUTEN, EGG WHITES, WHEY (FROM MILK), SPICES, CARAMEL COLOR, SALT, PAPRIKA (COLOR), ONION POWDER, EXTRACTIVE OF PAPRIKA, CELERY SEED EXTRACT], BATTER [BLEACHED WHEAT FLOUR, FOOD STARCH-MODIFIED, YELLOW CORN FLOUR, DEXTROSE, FLAVOR, GARLIC POWDER, EXTRACTIVES OF PAPRIKA, MONOSODIUM GLUTAMATE, CARAMEL COLOR], SEASONING BLEND [ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED BLEACHED WHEAT FLOUR (BLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), TAPIOCA DEXTRIN, MODIFIED CORN STARCH, SALT, GARLIC POWDER, ONION POWDER, SOYBEAN OIL (AS A PROCESSING AID), SPICES, SPICE EXTRACTIVE, EXTRACTIVES OF CELERY SEED], BROWNED IN SOYBEAN OIL), CONTAINS: WHEAT, EGG, MILK; AMERICAN PASTEURIZED PREPARED CHEESE PRODUCT (MILK, WATER, MILK PROTEIN CONCENTRATE, MILKFAT, WHEY PROTEIN CONCENTRATE, SODIUM CITRATE, WHEY, SALT, LACTIC ACID, SORBIC ACID, CHEESE CULTURE, ENZYMES, OLEORESIN PAPRIKA [COLOR], ANNATTO EXTRACT [COLOR], WITH SUNFLOWER LECITHIN ADDED FOR SLICE SEPARATION), CONTAINS: MILK; PRETZEL STICKS (ENRICHED WHEAT FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], SALT, LESS THAN 2% OF: CORN SYRUP, CANOLA OIL AND/OR SOYBEAN OIL, BARLEY MALT EXTRACT, LEAVENING [CONTAINS ONE OR MORE OF: YEAST, SODIUM BICARBONATE, AMMONIUM BICARBONATE]), CONTAINS: WHEAT; CHOCOLATE CHIP COOKIES (UNBLEACHED ENRICHED FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE {VITAMIN B1}, RIBOFLAVIN {VITAMIN B2}, FOLIC ACID], SUGAR, SOYBEAN AND/OR CANOLA OIL, PALM AND/OR PALM KERNEL OIL, COCOA [PROCESSED WITH ALKALI], HIGH FRUCTOSE CORN SYRUP, DEXTROSE, SALT, SOY LECITHIN, BAKING SODA, SKIM MILK, CARAMEL COLOR, ARTIFICIAL AND NATURAL FLAVOR, MILK), CONTAINS: WHEAT, SOY, MILK.

Nutrition Facts	
Serving size	1 package
Amount per serving	
Calories	350
	% Daily Value*
Total Fat 12g	15%
Saturated Fat 4g	21%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 560mg	24%
Total Carbohydrate 49g	18%
Dietary Fiber less than 1g	3%
Total Sugars 24g	
Includes 4g Added Sugars	7%
Protein 13g	26%
Vitamin D 0mcg	0%
Calcium 110mg	8%
Iron 1.2mg	6%
Potassium 900mg	20%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

KRAFT MAC & CHEESE

KRAFT MACARONI & CHEESE DINNER, SHAPES

ENRICHED MACARONI (ENRICHED WHEAT FLOUR [WHEAT FLOUR, NIACIN, FERROUS SULFATE (IRON), THIAMIN MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID], WHOLE WHEAT FLOUR); CHEESE SAUCE MIX (WHEY, MILKFAT, MILK PROTEIN CONCENTRATE, SALT, CALCIUM CARBONATE, SODIUM TRIPHOSPHATE, POTASSIUM CHLORIDE, CITRIC ACID, SODIUM PHOSPHATE, LACTIC ACID, NATURAL FLAVOR, MILK, WITH PAPRIKA, ANNATTO, AND TURMERIC ADDED FOR COLOR, ENZYMES, CHEESE CULTURE, SODIUM CASEINATE).

Nutrition Facts			
servings per container		2.5oz (70g / about 1/2 box)	
Serving size		(Makes about 1 cup)	
	Per 2.5oz dry mix	Per 1 cup prepared*	
Calories	250	280	
	% DV**	% DV**	
Total Fat	2g 2%	5g 6%	
Saturated Fat	0.5g 4%	2.5g 13%	
Trans Fat	0g	0g	
Cholesterol	5mg 2%	15mg 5%	
Sodium	480mg 21%	490mg 21%	
Total Carbohydrate	49g 18%	50g 18%	
Dietary Fiber	2g 7%	2g 7%	
Total Sugars	7g	9g	
Includes Added Sugars	0g 0%	0g 0%	
Protein	9g	10g	
Vitamin D	0mcg 0%	0mcg 0%	
Calcium	230mg 15%	250mg 20%	
Iron	2.7mg 15%	2.7mg 15%	
Potassium	520mg 10%	550mg 10%	

*As prepared using butter and fat free milk.
 **The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

KRAFT MACARONI & CHEESE DINNER, SHAPES, MICROWAVEABLE CUPS

PASTA (ENRICHED WHEAT FLOUR [WHEAT FLOUR, NIACIN, FERROUS SULFATE (IRON), THIAMIN MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID], WHOLE WHEAT FLOUR, GLYCEROL MONOSTEARATE); CHEESE SAUCE MIX (WHEY, CORN SYRUP SOLIDS, MILK, PALM OIL, MILK PROTEIN CONCENTRATE, MODIFIED FOOD STARCH, MILKFAT, SALT, MALTODEXTRIN, CONTAINS LESS THAN 2% OF CALCIUM CARBONATE, SODIUM TRIPHOSPHATE, MEDIUM CHAIN TRIGLYCERIDES, DRIED BUTTERMILK, CITRIC ACID, SODIUM PHOSPHATE, CREAM, LACTIC ACID, CALCIUM PHOSPHATE, NONFAT DRY MILK, GUAR GUM, CHEESE CULTURE, WITH PAPRIKA, TURMERIC, AND ANNATTO ADDED FOR COLOR, ENZYMES, NATURAL FLAVOR, XANTHAN GUM); MODIFIED FOOD STARCH, MALTODEXTRIN, ACETYLATED MONOGLYCERIDES, SALT, MEDIUM CHAIN TRIGLYCERIDES.

Nutrition Facts		Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
servings per container Serving size 1 Package (55g)	Calories per serving	Total Fat 3.5g	5%	Total Carbohydrate 37g	14%
		Saturated Fat 2g	11%	Dietary Fiber 1g	4%
		Trans Fat 0g		Total Sugars 5g	
		Cholesterol 5mg	2%	Includes 0g Added Sugars	0%
		Sodium 510mg	22%	Protein 6g	
		Vitamin D 0mcg 0% - Calcium 170mg 15% - Iron 2mg 10% - Potassium 210mg 4%			

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

BEVERAGES

KOOL-AID JAMMERS

Tropical Punch (Other Flavors have similar ingredient lines and nutrition)

FILTERED WATER, CITRIC ACID, ASCORBIC ACID (VITAMIN C), SUCRALOSE, NATURAL AND ARTIFICIAL FLAVOR, ACESULFAME POTASSIUM, CALCIUM DISODIUM EDTA (TO PRESERVE FRESHNESS), BLUE 1.

Nutrition Facts			
servings per container		2 Pouches (354mL)	
Serving size			
Calories	Per serving	Per 1 Pouch	
	0	0	
	% DV*	% DV*	
Total Fat	0g	0g	0%
Saturated Fat	0g	0g	0%
Trans Fat	0g	0g	0%
Cholesterol	0mg	0mg	0%
Sodium	30mg	15mg	1%
Total Carbohydrate	less than 1g	0g	0%
Dietary Fiber	0g	0g	0%
Total Sugars	0g	0g	0%
Includes Added Sugars	0g	0g	0%
Protein	0g	0g	0%
Vitamin D	0mcg	0mcg	0%
Calcium	0mg	0mg	0%
Iron	0mg	0mg	0%
Potassium	0mg	0mg	0%
Vitamin C		120%	60%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

CAPRI SUN REDUCED SUGAR FLAVORED JUICE DRINK

Fruit Punch

FILTERED WATER; SUGAR; PEAR AND GRAPE JUICE CONCENTRATES; CITRIC ACID; ORANGE, APPLE, AND PINEAPPLE JUICE CONCENTRATES; STEVIA LEAF EXTRACT; NATURAL FLAVOR.

Strawberry Watermelon

FILTERED WATER; SUGAR; PEAR AND GRAPE JUICE CONCENTRATES; CITRIC ACID; STRAWBERRY, APPLE, AND WATERMELON JUICE CONCENTRATES; STEVIA LEAF EXTRACT; NATURAL FLAVOR.

Mixed Berry

FILTERED WATER; SUGAR; PEAR, APPLE AND STRAWBERRY JUICE CONCENTRATES; CITRIC ACID; BLUEBERRY JUICE CONCENTRATE, NATURAL FLAVOR, STEVIA LEAF EXTRACT.

Nutrition Facts	
servings per container	
Serving size	1 Pouch (177mL)
Amount per serving	20
Calories	
	% DV*
Total Fat 0g	0%
Sodium 15mg	1%
Total Carbohydrate 5g	2%
Total Sugars 5g	
Includes 3g Added Sugars	5%
Protein 0g	

Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D, calcium, iron and potassium.

%DV = %Daily Value

CAPRI SUN 100% JUICE

Fruit Punch

APPLE, GRAPE, AND CHERRY JUICES FROM CONCENTRATE (FILTERED WATER; APPLE, GRAPE, AND CHERRY JUICE CONCENTRATES), CITRIC ACID (FOR TARTNESS), NATURAL FLAVOR.

Nutrition Facts	
Serving size	1 Pouch
Amount per serving	
Calories	90
	<small>% DV*</small>
Total Fat 0g	0%
Sodium 25mg	1%
Total Carbohydrate 21g	7%
Total Sugars 20g	
Includes 0g Added Sugars	0%
Protein 0g	
Iron 0.5mg	2%
Potassium 190mg	4%
<small>Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D and calcium.</small>	
<small>%DV = %Daily Value</small>	

Berry

APPLE, GRAPE, AND STRAWBERRY JUICES FROM CONCENTRATE (FILTERED WATER; APPLE, GRAPE, AND STRAWBERRY JUICE CONCENTRATES), CITRIC ACID (FOR TARTNESS), NATURAL FLAVOR.

Nutrition Facts	
servings per container	
Serving size	1 Pouch (177mL)
Amount per serving	
Calories	90
	<small>% DV*</small>
Total Fat 0g	0%
Sodium 25mg	1%
Total Carbohydrate 21g	8%
Total Sugars 20g	
Includes 0g Added Sugars	0%
Protein 0g	
Iron 0.5mg	2%
Potassium 170mg	4%
<small>Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D and calcium.</small>	
<small>%DV = %Daily Value</small>	

Apple

APPLE JUICE FROM CONCENTRATE (FILTERED WATER, APPLE JUICE CONCENTRATE), CITRIC ACID (FOR TARTNESS), NATURAL FLAVOR

Nutrition Facts	
servings per container	
Serving size	1 Pouch (177mL)
Amount per serving	
Calories	80
<hr/>	
	<small>% DV*</small>
Total Fat 0g	0%
Sodium 25mg	1%
Total Carbohydrate 20g	7%
Total Sugars 20g	
Includes 0g Added Sugars 0%	
Protein 0g	
<hr/>	
Iron 0.5mg	2%
Potassium 190mg	4%
<small>Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D and calcium.</small>	
<small>%DV = %Daily Value</small>	

Mango Pineapple

PEAR, APPLE, ORANGE, PINEAPPLE AND MANGO JUICES FROM CONCENTRATE (FILTERED WATER; PEAR, APPLE, ORANGE, PINEAPPLE AND MANGO JUICE CONCENTRATES), CITRIC ACID (FOR TARTNESS), NATURAL FLAVOR.

Nutrition Facts	
servings per container	
Serving size	1 Pouch (177mL)
Amount per serving	
Calories	90
<hr/>	
	<small>% DV*</small>
Total Fat 0g	0%
Sodium 20mg	1%
Total Carbohydrate 23g	8%
Total Sugars 18g	
Includes 0g Added Sugars 0%	
Protein 0g	
<hr/>	
Iron 0.7mg	4%
Potassium 220mg	4%
<small>Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D and calcium.</small>	
<small>%DV = %Daily Value</small>	

Watermelon

FILTERED WATER, APPLE JUICE CONCENTRATE, GRAPE JUICE CONCENTRATE, WATERMELON JUICE CONCENTRATE, CITRIC ACID (FOR TARTNESS), NATURAL FLAVOR.

Nutrition Facts

servings per container
Serving size 1 pouch (177 mL)

Amount per serving
Calories 90

	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 25mg	1%
Total Carbohydrate 22g	8%
Dietary Fiber 0g	0%
Total Sugars 19g	
Includes 0g Added Sugars	0%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 1.1mg	6%
Potassium 150mg	4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

CAPRI SUN REFRESHERS

Berry Punch:

FILTERED WATER, APPLE JUICE CONCENTRATE, WHITE GRAPE JUICE CONCENTRATE, CITRIC ACID, STRAWBERRY JUICE CONCENTRATE, NATURAL FLAVOR

Nutrition Facts

servings per container
Serving size 1 Pouch (177mL)

Amount per serving
Calories 45

	% DV*
Total Fat 0g	0%
Sodium 20mg	1%
Total Carbohydrate 11g	4%
Total Sugars 10g	
Includes 0g Added Sugars	0%
Protein 0g	

Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D, calcium, iron and potassium.

%DV = %Daily Value

Apple

FILTERED WATER, APPLE JUICE CONCENTRATE, CITRIC ACID, NATURAL FLAVOR.

Nutrition Facts

servings per container

Serving size **1 Pouch**
(177mL)

Amount per serving

Calories **45**

% DV*

Total Fat 0g **0%**

Sodium 20mg **1%**

Total Carbohydrate 10g **4%**

Total Sugars 10g

Includes 0g Added Sugars **0%**

Protein 0g

Potassium 90mg **2%**

Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D, calcium and iron.

%DV = %Daily Value

Creative Roots Coconut Waters

Flavors: Watermelon Lemonade, Peach Mango, Mixed Berry, Orange Pineapple

WATER, COCONUT WATER CONCENTRATE, CITRIC ACID, NATURAL FLAVOR, STEVIA LEAF EXTRACT, ROSEMARY EXTRACT (TO PROTECT FLAVOR). 1 bottle = 8.5 oz

Nutrition Facts

servings per container

Serving size **1 Bottle**

Amount per serving

Calories **15**

% DV*

Total Fat 0g **0%**

Sodium 35mg **1%**

Total Carb. 3g **1%**

Total Sugars 1g

Includes 0g Added Sugars **0%**

Protein 0g

Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D, calcium, iron and potassium.

%DV = %Daily Value